FREE GUIDE · ADULTS 18+

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The First *Meetup* Protocol

Vetting, safety, and setting expectations before you ever meet someone from the scene.

THE PLEASURE DADDY DOM

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BEFORE YOU START

Read this *before* you meet.

Meeting someone new from the scene is exciting. That excitement is exactly why people skip steps. This protocol is the set of steps you don't skip.

Most bad first meetups don't go wrong in the moment. They go wrong days earlier: someone ignored a red flag because the chemistry was good, didn't tell a friend where they'd be, or assumed "we'll figure it out when we get there." Good Doms and good subs don't leave this to chance. Structure is not the opposite of chemistry — it's what lets you relax enough to actually enjoy it.

Use this guide whether you're a Dom, a sub, a switch, or just curious. The rules are the same for everyone. **Nobody — regardless of role or experience — is owed your time, your trust, or your body.**

The protocol in four phases

I

Vet before you meet

Red flags, green flags, and how to verify someone is who they say they are.

II

Where to meet & who to tell

Location rules and a simple safety-call plan you set up every time.

III

The conversation first

Limits, safewords, and aftercare — talked through before anything happens.

IV

End it cleanly

How to leave, say no, or say "not yet" without drama or guilt.

The one rule underneath all of it

A first meetup is a **conversation**, not a scene. You are meeting to find out whether this person is safe, honest, and compatible. Nothing physical needs to happen — and on a true first meet, it shouldn't.

This guide is education for adults, not legal, medical, or mental-health advice. Trust your judgment, and if you ever feel unsafe, leave and contact local emergency services.

PHASE ONE

Vet before *you meet.*

I

Online, anyone can say the right words. Your job before meeting is simple: find out whether their actions match their words.

Red flags — slow down or walk away

- **Rushing.** Pushing to meet fast, skip the video call, or meet somewhere private "to save time."
- **Dismissing limits.** Treating your limits as negotiable, or saying "real subs don't have limits."
- **No safeword talk.** Claims they "don't need" safewords or that they can "just tell."
- **Secrecy.** Won't share a real first name, a face photo, or any way to verify them.
- **Pressure to keep it quiet.** Doesn't want you to tell a friend where you'll be.
- **Day-one dynamic.** Gives orders or expects obedience before you've even met.
- **Alcohol or substances** as part of the plan for a first meeting.
- **Story drift.** Details about their life, experience, or relationships keep changing.
- **Badmouthing every ex.** If everyone before you was "crazy," notice the common factor.

Green flags — worth your time

- Asks about **your** limits before sharing their fantasies.
- Happy to video call first and suggests a public place on their own.
- Talks about safewords and aftercare without being prompted.
- Is patient. "No rush" is said — and meant.
- Can describe their experience honestly, including what they're still learning.
- Respects a "no" the first time, with no sulking or bargaining.

Verify, then trust

- **Video call** at least once. Faces should match photos.
- **Consistent identity** across profiles and messages.
- **Community presence** if they claim it — munches, groups, people who know them.
- **References** are fair to ask for. Someone legit won't be offended.

PHASE TWO

Where to meet & *who to tell.*

II

Set the meetup up so that leaving is easy, help is close, and someone you trust knows where you are.

The location rules

- **Public, busy, and neutral.** A coffee shop, a casual lunch spot, a busy hotel lobby. Never their home or yours.
- **Your own transport.** Drive yourself or take your own ride. Don't accept a pickup.
- **Keep it short.** Plan for 45–90 minutes. A clear end time makes leaving easy.
- **Stay sober.** One drink, max — or none. You want your judgment fully online.
- **Keep your phone charged** and on you, not on the table where it can be taken.
- **Don't share your home address** or workplace yet. That trust is earned later.
- **No location change** mid-meetup. "Let's go somewhere quieter" is a no on a first meet.

The safety-call plan

Pick one person you trust. Before every first meetup, send them:

- The person's name, photo, and profile link or number
- Where you're meeting and what time
- When you expect to leave
- Your **check-in time** and your **code word**

How the code word works

Agree on a harmless word or phrase (for example, "Did you feed the dog?"). If you text or say it, your friend calls you with an "emergency" so you can leave — or comes to get you. If you miss your check-in time and don't answer, they call. If they still can't reach you, they act.

There's a fill-in version of this plan on page 9. Tear it out, fill it in, text a photo of it.

PHASE THREE

III

The conversation *before* anything happens.

This is the actual point of the first meetup. Sober, clothed, in public, with no pressure — that's when people tell the truth about what they want.

How to open it

> *"Before anything else, I want to know what you're looking for, what you're curious about, and what's completely off the table for you."*
>
> Calm, direct, no apology. Whoever opens this conversation sets the tone of respect.

> *"I'm not here to decide anything today. I just want to see if we communicate well."*
>
> Takes pressure off both people — and filters out anyone who wants to rush.

Questions to cover

- What drew you to this? What does a good dynamic look like to you?
- What's your experience — honestly?
- **Hard limits** (never) and **soft limits** (maybe, with care)?
- What safeword system do you use?
- How do you like to come down afterward? What does aftercare look like for you?
- What happens if one of us says stop?
- Are you seeing anyone else? Is everyone involved aware?
- When did you last talk sexual health and testing? (A grown-up question — ask it.)

Safewords: keep it simple

Green	All good. Keep going.
Yellow	Slow down or check in with me.
Red	Full stop. Everything ends. No questions, no sulking.

Agree on a **non-verbal signal** too — for any time speaking isn't easy. And remember: a safeword is a backup, not a substitute for paying attention.

Write it down

After the meetup, send each other a short summary of what you agreed: limits, safewords, aftercare. It removes "I thought you meant..." and shows you both took it seriously.

What a good conversation *sounds like.*

You're not just listening to answers. You're watching how this person handles honesty, limits, and the word “no.”

If you're the Dom

- **Lead by asking, not telling.** Confidence here sounds like curiosity, not commands.
- **Name your own limits too.** Doms have them. Sharing yours builds trust fast.
- **Say the quiet part out loud:** “If you ever want to stop, you stop. I'll never punish you for using your safeword.”
- **Don't sell.** If you're persuading, you're pressuring.

> *“My job is to make you feel safe enough to let go. That starts with me knowing exactly where your lines are.”*

If you're the sub

- **Your limits are not a performance review.** Saying no is not “being a bad sub.”
- **Ask them the same questions.** Submission starts later — today you're interviewing.
- **Notice how they react to “no.”** Respect, curiosity, or irritation? Believe it.
- **You can want it and still say “not yet.”**

> *“I'm interested. I also need to go slowly, and I need to know you're okay with that.”*

Signs it went well

YOU'LL NOTICE…	BECAUSE…
You both talked about limits — not just fantasies	That's what people who plan to respect limits do.
Nobody pushed to change locations or “just try something”	Patience is the clearest proof of self-control.
You felt more relaxed at the end than at the start	Your nervous system is good data. Listen to it.
A next step was suggested, not demanded	Good partners leave the door open and let you walk through it.

PHASE FOUR

How to end it *cleanly.*

IV

You never owe anyone a second meetup, an explanation, or a debate. Kind and clear is the whole standard.

During the meetup

If something feels off, you can leave — right now, mid-sentence. Use whichever line is easiest:

> *"I'm going to head out. Thanks for meeting me."*
>
> Simple. True. Complete.

> *"This isn't the right fit for me, so I'm going to call it here."*

Pay for your own order so you owe nothing. Text your safety contact as you leave. If anything feels threatening, tell staff and stay inside until your ride arrives.

Saying "not yet"

> *"I liked talking with you. I'd want at least one more public meetup before anything else — does that work for you?"*
>
> Their answer to this tells you almost everything.

After — by message

CLEAN DECLINE

"Thanks for meeting me today. I don't feel the connection I'm looking for, so I'm going to pass. Wishing you the best."

IF IT WAS CLOSE BUT NOT RIGHT

"I enjoyed the conversation, but we want different things right now, and I'd rather be honest than string this out. Take care."

If they don't take no for an answer

- Don't re-explain. One clear no is enough.
- Block on every platform.
- Screenshot anything threatening and keep it.
- Tell your safety contact — and event organizers, if you met through a community.
- If you feel unsafe, contact local authorities.

PRINTABLE

The one-page *checklist.*

Screenshot it. Print it. Run through it before every first meetup — no matter how good the chemistry feels.

Before you agree to meet

- [ ] Had at least one video call
- [ ] They asked about my limits, not just theirs
- [ ] No pressure to rush or meet privately
- [ ] Face and name match their profiles
- [ ] Safewords and aftercare came up naturally
- [ ] I checked references or community presence

The day of

- [ ] Public, busy, neutral location chosen
- [ ] Safety contact has name, photo, place, time
- [ ] Phone charged, on me
- [ ] My own transport there and back
- [ ] Check-in time and code word agreed
- [ ] Planned end time (45–90 min)

During

- [ ] Stayed sober (one drink max)
- [ ] Nothing physical — it's a conversation
- [ ] Paid for my own order
- [ ] Talked limits, safewords, aftercare
- [ ] Didn't change locations
- [ ] Trusted my gut the whole time

After

- [ ] Checked in with my safety contact
- [ ] Sent a written summary of what we agreed
- [ ] Waited 24 hours before deciding next steps
- [ ] Next meetup is public again

The 24-hour rule

However well it went, don't decide anything that night. Sleep on it. Then ask yourself: *Did I feel safe? Did they respect every limit? Do I want a second conversation — or am I just flattered?*

FILL IN & SEND TO A FRIEND

My meetup *safety plan.*

Fill this in, take a photo, and text it to your safety contact before you leave the house.

MEETING

THEIR PROFILE / NUMBER

LOCATION & ADDRESS

DATE & START TIME

I'LL LEAVE BY

CHECK-IN TIME

CODE WORD

HOW I'M GETTING THERE

IF I MISS CHECK-IN

My limits (for my own clarity)

HARD LIMITS — NEVER

SOFT LIMITS — MAYBE, WITH CARE

WHAT I NEED FOR AFTERCARE

WHAT COMES NEXT

Safe is the foundation. *Now learn the words.*

You now know how to meet someone without walking in blind. The next skill is what makes a dynamic actually feel good: knowing what to say — before, during, and after.

Free live training: What a Real Dom Actually Says

60 minutes, live on Zoom, with Q&A. The phrases that build safety and anticipation — and the ones that ruin the mood.

thepleasuredaddydom.com/#webinar

The Dom Phrasebook

Exactly what to say before, during, and after — with versions for Doms and for subs.

thepleasuredaddydom.com/#phrasebook

Coaching with Dilly

Private 1:1 and couples coaching on Zoom, a live group cohort, and in-person sessions in San Diego. By application.

thepleasuredaddydom.com/#apply

Talk soon,

— Dilly

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